



Island Cafe

• Lunch Menu •

Salads

\$7.50

- 1.) **Spinach Salad** - (Baby Spinach topped with Grilled Chicken, Chopped Eggs, Crumbled Bacon, Tomatoes and Black Olives served with Vinaigrette Dressing)
- 2.) **Fruit and Nut Salad** - Sliced Apples, Sliced Peaches, Pineapple Chunks, Dried Cranberries, and Walnuts served over a mix of Romaine, Iceberg Lettuce and Baby Spinach with a Raspberry Walnut Vinaigrette
- 3.) **Veggie Antipasto Salad** (Crisp Romaine Lettuce topped with Grilled Eggplant, Zucchini, Red Roasted Peppers, Artichoke Hearts, Sliced Tomato and Fresh Mozzarella)
- 4.) **Beef and Bleu Cheese Salad** (Roast Beef slices over chopped Romaine Lettuce and topped with Bleu Cheese Dressing and Walnuts)
- 5.) **Island Greek Salad** - Grilled Shrimp, Feta Cheese, Kalamata olives, grape tomatoes, cucumbers, sliced red onions served with a vinaigrette dressing
- 6.) **Italian Country Salad** - Salami, sundried tomatoes, artichoke hearts, roasted red peppers and goat cheese served with our garlic vinaigrette dressing
- 7.) **Waldorf Chicken Salad** - Chicken Breast, Chopped Green Apples, Walnuts, Cranberries, Celery, Mayo served over Chopped Romaine
- 8.) **Island Fantasy Salad** (Crisp Romaine Lettuce topped with Chicken Cutlet, Thinly sliced Prosciutto, Provolone, Sliced Portabella Mushrooms Roasted Red Peppers, Artichokes and Black Olives)
- 9.) **Pecan Crusted Chicken Salad** - Pecan Crusted Chicken, Cranberries, Pecans, Crumbled Bleu Cheese over Romaine Lettuce with a Honey Balsamic Dressing
- 10.) **Portabella Salad** - Grilled Portabella Mushrooms, Roasted Red Peppers, Fresh Mozzarella & Pignoli Nuts over Romaine Lettuce with House Dressing
- 11.) **Oriental Chicken Salad** - Grilled Chicken, Mandarin Oranges, and Oriental Noodles over Romaine Lettuce served with Honey Balsamic Dressing
- 12.) **South West Salad** - Breaded Chicken, Avocado, Cheddar & Monterey Jack Cheese, Lettuce, Tomato, Cucumbers, and Ranch Dressing
- 13.) **Caesar Salad** with Grilled Chicken, Crispy Chicken, or Baby Shrimp
- 14.) **Cobb Salad** - Grilled Chicken, Bacon, Hard Boiled Egg, tomato and Avocado & Choice Of Dressing
- 15.) **Bruschetta Salad** -Grilled Chicken, Chopped Romaine, Tomatoes, & Fresh Mozzarella with our Homemade Garlic Vinaigrette Dressing
- 16.) **Chef Salad** - Garden Salad, Turkey, Ham, Provolone and Hard Boiled Egg
- 17.) **Antipasto Salad** - Garden Salad with Salami, Ham, Provolone and Marinated Vegetables
- 18.) **Country Chicken Salad** - Breaded Chicken, Tomato and Shredded Cheddar on a Garden Salad with Honey Mustard Dressing
- 19.) **Buffalo Chicken Salad** - Spicy Breaded Chicken, over a Garden Salad with Crumbled Bleu Cheese and Ranch Dressing
- 20.) **Daily Double Salad** - A Scoop of Homemade Chicken Salad and Tuna Salad on a Garden Salad

Islander Wraps

\$6.50


- 1.) *Tuna & Melted Cheddar*
- 2.) *Eggplant, Mushrooms, Red Roasted Peppers & Melted Mozzarella*
- 3.) *Grilled Chicken, Ham & Melted Swiss*
- 4.) *Grilled Chicken, Roasted Red Peppers, Melted Mozzarella & Pesto Mayo*
- 5.) *Grilled Chicken, Bacon, Lettuce, Tomato, & Mayo*
- 6.) *Grilled Chicken, Sautéed Spinach, & Melted Mozzarella*
- 7.) *Chicken Caesar Wrap*
- 8.) *Chicken Cheese Steak, Mushrooms, Peppers, & Onions*
- 9.) *Roast Beef, Fried Peppers & Onions topped with Swiss*
- 10.) *Cheese Steak, Mushrooms, Peppers & Onions*
- 11.) *Turkey, Melted Swiss, Cole Slaw & Russian Dressing*
- 12.) *Turkey and Cranberry Sauce*
- 13.) *Smoked Turkey, Tomatoes, Garlic & Fresh Mozzarella*
- 14.) *Bacon, Lettuce, Tomato & Mayo*
- 15.) *Ham, Salami, Provolone, Lettuce, Tomato, Oil & Vinegar*
- 16.) *Cuban Turkey Wrap - Turkey, Ham, Swiss, Pickle Slices, Honey Mustard Dressing, Lettuce & Tomato*
- 17.) *Pastrami, Coleslaw, Melted Swiss & Thousand Island*
- 18.) *Corned Beef, Coleslaw, Melted Swiss & Thousand Island Dressing*

Cold Subs



	<i>HALF</i>	<i>WHOLE</i>
1.) <i>Bologna and Cheese</i>	<i>\$4.50</i>	<i>\$8.00</i>
2.) <i>Bologna, Cheese and Salami</i>	<i>\$4.50</i>	<i>\$8.00</i>
3.) <i>Ham, Cheese and Bologna</i>	<i>\$4.50</i>	<i>\$8.00</i>
4.) <i>Ham, cheese and Salami</i>	<i>\$4.50</i>	<i>\$8.00</i>
5.) <i>Ham, Cheese & Capicola</i>	<i>\$4.50</i>	<i>\$8.00</i>
6.) <i>Prosciuttini, Cheese and Capicola</i>	<i>\$4.50</i>	<i>\$8.00</i>
7.) <i>Salami and Cheese</i>	<i>\$4.50</i>	<i>\$8.00</i>
8.) <i>Pepperoni and Cheese</i>	<i>\$4.50</i>	<i>\$8.00</i>
9.) <i>Islander (Ham, Cheese, Salami, Capicola & Prosciuttini)</i>	<i>\$5.50</i>	<i>\$9.00</i>
10.) <i>Roast Beef</i>	<i>\$5.50</i>	<i>\$9.00</i>
11.) <i>Turkey</i>	<i>\$5.50</i>	<i>\$9.00</i>
12.) <i>All Cheese</i>	<i>\$4.50</i>	<i>\$8.00</i>
13.) <i>Tuna</i>	<i>\$4.50</i>	<i>\$8.00</i>
14.) <i>Club Sub (Turkey, Ham, Provolone, & Bacon)</i>	<i>\$5.50</i>	<i>\$9.00</i>

Hot Subs



	<i>HALF</i>	<i>WHOLE</i>
<i>Meatball</i>	<i>\$4.50</i>	<i>\$8.00</i>
<i>Meatball Parm</i>	<i>\$5.00</i>	<i>\$9.00</i>
<i>Sausage Parm</i>	<i>\$5.00</i>	<i>\$9.00</i>
<i>Sausage, Peppers, And Onions</i>	<i>\$5.00</i>	<i>\$9.00</i>
<i>Eggplant Parm</i>	<i>\$5.00</i>	<i>\$9.00</i>
<i>Chicken Parm</i>	<i>\$5.00</i>	<i>\$9.00</i>
<i>California Chicken Cutlet</i>	<i>\$5.00</i>	<i>\$9.00</i>
<i>Veal Parm</i>	<i>\$5.50</i>	<i>\$9.50</i>
<i>Italian Hot Dog</i>	<i>\$5.00</i>	<i>\$9.00</i>

Philly Steaks

(BEEF OR CHICKEN)

• *Toppings are Mushrooms, Peppers, or Onions* •

<i>Plain with Cheese</i>	<i>\$4.50</i>	<i>\$8.00</i>
<i>With One Topping</i>	<i>\$4.75</i>	<i>\$8.50</i>
<i>With Two Toppings</i>	<i>\$5.00</i>	<i>\$9.00</i>
<i>With Three Toppings</i>	<i>\$5.25</i>	<i>\$9.50</i>